


# CMS Lunch

October 2017 Student Lunch - \$2.05 Adult Lunch - \$2.50 Additional Milk -\$0.30

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
<b>Burrito w/salsa</b> Baked Beans Lettuce Salad Apple Slices / Strawberries Chocolate or White Milk Ranch Dressing	<b>Sloppy Cheeseburger</b> Green Beans Carrot Sticks Fruit Assortment Chocolate or White Milk Ranch Dressing	<b>Spaghetti w/meat sauce</b> Cheese Biscuits Garden Salad Carrot / Celery Sticks Bananas / Lime Pears Chocolate or White Milk Ranch Dressing	<b>Ham &amp; Cheese Pizza Melt</b> Mixed Vegetables Garden Salad Peaches / Strawberries Chocolate or White Milk Ranch Dressing	<b>Hamburger w/bun</b> Potato Wedges Cheese Slice Lettuce, Pickles Bananas / Applesauce Chocolate or White Milk Ketchup / Mustard / Ranch Dressing
9	10	11	12	13
<b>BBQ Pork Sandwich</b> Baked Beans Lettuce Salad Fruit Assortment Chocolate or White Milk Ranch Dressing BBQ Sauce	<b>Breakfast for Lunch</b> Scrambled Eggs Hash browns Sausage Biscuits & Gravy Cooked Apples / Cherries Chocolate or White Milk Ketchup	<b>Taco Bowls</b> Lettuce / Tomatoes / Olives / Sour Cream / Salsa Cottage Cheese Carrot Sticks Banana / Lime Pears Chocolate or White Milk Ranch Dressing	<b>Chicken Alfredo</b> Green Beans Carrot / Celery Sticks Biscuits Cheese- Bananas / Strawberries Chocolate or White Milk Ranch Dressing	<b>Pizza</b> Lettuce Salad Carrot / Celery Sticks Rosy Applesauce Chocolate or White Milk Ranch Dressing
16.	17	18	19	20
<b>Chicken Fajita Wrap</b> Baked Beans Salsa Lettuce Salad Cottage Cheese Fruit Assortment Chocolate or White Milk Ranch Dressing	<b>Catfish Pieces</b> Baked Beans Cole Slaw Lettuce Salad Bread & Butter Cooked Apples Chocolate or White Milk Ranch Dressing	<b>Cheesy Burger Fries</b> Lettuce & Tomato Sour Cream Cottage Cheese Cheese Biscuits Bananas / Strawberries Chocolate or White Milk Ranch Dressing	<b>Chicken Patty</b> Corn Carrots Lettuce, Romaine Applesauce Chocolate or White Milk Ranch Dressing	<b>NO SCHOOL</b>  

23	24	25	26	27
<b>NO SCHOOL</b>	<b>BBQ Pork Sandwich</b> Potato Wedges Garden Salad Cooked Apples Chocolate & White Milk Ranch Dressing BBQ Sauce	<b>Nacho Bites</b> Shredded Lettuce Diced Tomatoes Olives / Sour Cream Cottage Cheese Carrot / Celery Sticks Chilled Pears Chocolate & White Milk Ranch Dressing	<b>Ravioli</b> Peas & Carrots Lettuce Salad Bread, Garlic Chilled Peaches Chocolate & White Milk	<b>Ham &amp; Cheese Melt</b> Chips w/g Carrot / Celery Sticks Bananas / Apple Slices Chocolate & White Milk Ranch Dressing
30	31	11/1		
<b>BBQ Chicken/bun</b> Baked Beans Cole Slaw Cottage Cheese Fruit Assortment Chocolate & White Milk Pudding Variety	<b>Pizzaburger on Roll</b> Potato Wedges Cheese Slice Lettuce Salad Raw Vegetables Fruit Pizza Chocolate & White Milk Ranch Dressing	<b>Chili</b> Cornbread Carrot/Celery Sticks Cinnamon Apples Chocolate & White Milk Crackers Saltines Ranch Dressing		
<p><b>Notes:</b> Oct 19 - Early Dismissal @ Noon – PTC Oct 20 &amp; 23 NO School</p> <p><b>Complete meals consist of at least 3 of the 5 components that we offer(Grains, Meat, Vegetables, Fruits, and Milk).</b></p> <p><b>**We reserve the right to make Menu substitutions as necessary**</b></p> <p>PARENTS are responsible for all charges incurred by their students during the school year.</p> <p>Our School District is an equal opportunity employer.</p>				