


September, 2017

CMS Lunch Menu

Notes	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Student Lunch - \$2.05</b>  <b>Adult Lunch - \$2.50</b>  <b>Additional Milk - \$.30</b>					<b>1</b>
					<b>Pizza</b> Salad / Raw Veggies Fresh Fruit / Applesauce Chocolate or White Milk
	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
	<b>No School - Labor Day</b>	<b>Hamburger w/bun</b> Seasoned Potato Wedges Cheese Slices / Lettuce Carrot Sticks / Pudding Fresh Fruit / Strawberries Chocolate or White Milk	<b>Ham Slices</b> Au gratin Potatoes Cowboy Biscuits Raw Veggies Fresh Fruit / Chilled Peach Chocolate or White Milk	<b>Ravioli</b> Peas & Carrots Lettuce / Carrot Sticks Gladiator Biscuits Fresh Fruit / Mixed Fruit Chocolate or White Milk	<b>Super Nachos</b> Lettuce / Tomatoes / Olives / Sour Cream / Cottage Cheese / Carrot Sticks / Salsa Fresh Fruit / Cinn. Applesauce Chocolate or White Milk
	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15 Early Dismissal</b>
	<b>Hot Pork Sandwich</b> in gravy Potato Wedges Lettuce / Carrot Sticks Fresh Fruit / Strawberries	<b>Breakfast For Lunch</b> Biscuits & Gravy Sausage or Ham Eggs and Hash browns Fresh Fruit Chocolate or White Milk	<b>Taco Bowls</b> Lettuce / Carrot Sticks Tomatoes / Olives / Salsa / Sour Cream / Cottage Cheese	<b>Chicken Parmesan</b> Seasoned Corn / Peas Lettuce Fresh Fruit / Mixed Fruit Pudding	<b>Sub Sandwich Ham &amp; Turkey</b> Chips Lettuce / Carrot Sticks / Olives / Tomatoes / Cottage

	Chocolate or White Milk		Fresh Fruit / Lime Pears Chocolate or White Milk	Chocolate or White Milk	Cheese Apple Slices/Bananas Chocolate or White Milk
	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
	<b>Hamburger w/bun</b> Seasoned Potato Wedges Cheese Slices / Carrot Sticks Fresh Fruit / Strawberries Chocolate or White Milk	<b>Tater Tot Casserole</b> Green Beans / Carrot sticks Cowboy Biscuits Fresh Fruit / Mixed Fruit Chocolate or White Milk	<b>Ham &amp; Cheese Melt</b> Mixed Vegetables Lettuce / Raw Veggies Fresh Fruit / Lime Pears Chocolate or White Milk	<b>BBQ Chicken Sandwich</b> Baked Beans / Carrot Sticks Cottage Cheese Fresh Fruit / Chilled Peaches Chocolate or White Milk	<b>Pizza</b> Salad / Raw Veggies Fresh Fruit / Rosy Applesauce / Raisins Chocolate or White Milk
	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
	<b>Chicken Patty w/Bun</b> Seasoned Corn / Cooked Carrots / Lettuce Fresh Fruit / Strawberries Pudding Chocolate or White Milk	<b>Burger Cheesy Fries</b> Lettuce / Tomatoes Sour Cream / Cottage Cheese Cheesy Biscuits Fresh Fruit / Mixed Fruit Chocolate or White Milk	<b>Turkey Open Face</b> Potatoes / Raw Veggies Cottage Cheese Fresh Fruit / Lime Pears Chocolate or White Milk	<b>Chicken Fajita Wrap</b> Baked Beans Lettuce / Carrot Sticks Tomatoes / Cottage Cheese Fresh Fruit / Peaches Chocolate or White Milk	<b>Corn Dog</b> Green Beans Salad / Raw Veggies Fresh Fruit / Cinnamon Apples / Raisins Chocolate or White Milk

**Notes:** Complete meals consist of at least 3 of the 5 components that we offer (Grains, Meat, Vegetables, Fruits, and Milk)

PARENTS are responsible for all charges incurred by their students during the school year.

Our School District is an equal opportunity employer.



