

September, 2017

CHS Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Student Lunch \$2.05 Adult Lunch \$2.50 Additional Milk - \$.30					1
					Pizza or Chef Salad Bread with Butter Lettuce, Romaine Salad Raw Vegetables Corn Applesauce Milk White or Chocolate
	4	5	6	7	8
	No School - Labor Day	Hamburger w/bun or Chef Salad Bread with Butter Potato Wedges Lettuce, Romaine Salad Raw Vegetables Cheese Slice Fruit Assortment Milk White or Chocolate	Ham Slices or Chef Salad Bread with Butter Au gratin Potatoes Lettuce, Romaine Salad Raw Vegetables Cottage Cheese Pineapple Milk White or Chocolate	Ravioli or Chef Salad Bread, Garlic Peas & Carrots Mixed Fruit Salad Milk White or Chocolate	Super Nachos or Chef Salad Bread with Butter Lettuce, Romaine Salad Sour Cream Tomatoes Olives, Black, Sliced Cinnamon Applesauce Milk White or Chocolate
	11	12	13	14	15
	Pork Choppette or Chef Salad Bread with Butter Au gratin Potatoes Cinnamon Cooked Apples Milk White or Chocolate	Breakfast for Lunch or Chef Salad Bread with Butter Strawberries Milk White or Chocolate	Taco Bowls or Chef Salad Bread with Butter Beans Refried / Tomatoes Sour Cream / Olives / Lettuce / Raw Vegetables Cheese Sauce Lime Pears	Chicken Parmesan w/ pasta or Chef Salad Bread with Butter Corn Cottage Cheese Pudding Assorted Chilled Peaches	Submarine Sandwich or Chef Salad Bread with Butter Green Beans Lettuce, Romaine Salad Fresh Fruit Milk White or Chocolate

			Milk White or Chocolate	Milk White or Chocolate	
17	18	19	20	21	22
	Hamburger w/bun or Chef Salad Bread with Butter French Fries Lettuce, Romaine Salad Raw Vegetables Cheese Slice Pudding Assorted Chilled Peaches Milk White or Chocolate	Tater Tot Casserole or Chef Salad Bread with Butter Mixed Vegetables Strawberries Milk White or Chocolate	Ham & Cheese Melt or Chef Salad Bread with Butter Baked Beans Raw Vegetables Cottage Cheese Lime Pears Milk White or Chocolate	BBQ Chicken/bun or Chef Salad Bread with Butter Glazed Carrots Lettuce, Romaine Salad Raw Vegetables Chilled Peaches Milk White or Chocolate	Pizza or Chef Salad Lettuce, Romaine Salad Raw Vegetables Corn Rosy Applesauce Milk White or Chocolate
24	25	26	27	28	29
	Chicken Patty w/Bun or Chef Salad Bread with Butter Corn Lettuce, Romaine Cottage Cheese Strawberries Pudding Assorted Milk White or Chocolate	Burger Cheesy Fries or Chef Salad Bread with Butter Lettuce Tomatoes Raw Vegetables Cottage Cheese Fresh Fruit Milk White or Chocolate	Chicken Fried Steak or Chef Salad Bread with Butter Mashed Potatoes Green Beans Lettuce, Romaine Salad Raw Vegetables Lime Pears Milk White or Chocolate	Chicken Fajita Wrap or Chef Salad Bread with Butter Baked Beans Savory Rice Raw Vegetables Lettuce, Romaine Salad Cottage Cheese Sour Cream Chilled Peaches Milk White or Chocolate	Corn Dog Jumbo or Chef Salad Bread with Butter Fries Sweet Potato Lettuce, Romaine Salad Raw Vegetables Cinnamon Applesauce Milk White or Chocolate

Notes: Complete meals consist of at least 3 of the 5 components that we offer (Grains, Meat, Vegetables, Fruits, and Milk).

Chef Salad is served as a second main course option at the High School Cafeteria for Lunch ONLY.

We reserve the right to make Menu substitutions as necessary

Our school district is an equal opportunity employer.